



Up close  
with  
**RESIDENT  
ARTIST**  
**Inge**  
**April**

## The Positive Energy of Inge

Ingeborg, known to all as Inge, was born in Wuerzburg, Germany and came to the United States in 1950.

She began painting on silk at the young age of sixty and is now eighty-seven years young, and a resident at Oakwood. Her room is awash in color with her magnificent paintings adorning the walls

Inge is most happy when she is painting on silk. Her silk paintings are energetic and expressionistic. She swirls and layers her brushstrokes of paint creating colorful silk compositions. A recurring main theme for her work is 'positive energy' and 'world peace for all'.

Most of her artwork is framed to hang on the wall or to be displayed on easels. She takes pride in creating wearable artwork as well – such as her various sized scarves, ties and pins.

Inge was an original member of Art First Gallery in Fredericksburg, Virginia. She had her studio there and was an annual featured artist for several years.



### NOTED & QUOTED

**“Living far from Mom, I was worry-free because Mom is in a real family setting at Oakwood. Everyone is treated as individuals.”**

- SUSAN S.

## Hello, Friends!

The wondrous Holiday season brings happiness and goodwill to people everywhere. Here at Oakwood Residence it's an especially joyous time for residents with many exciting events and activities planned for December.

Residents made Christmas ornaments to hang on our tree, we had an exciting celebration led by Rabbi Abraham with his guitar, while residents enjoyed donuts, potato pancakes and more. . . and we had our annual Holiday party for residents with special gifts for all.

On the evening of Dec. 26, we took a bus tour of the glorious Holiday light show at Shady Brook Farms in Yardley.

We round out the old year and welcome the New Year with a gala celebration with food, drink, party horns and live entertainment on New Year's Eve!

Oakwood Residence is proud to be participating in a research study by the University of Maryland that is focused on increasing function and physical activity for personal care and assisted living residents. As part of this study, our nursing staff will be taught by professionals how to approach care differently in a way that will optimize residents' function and physical activities while going about their daily activities. This is a 12 month study and we are excited to be chosen to be involved in a project which will improve our residents' lives and hopefully all those that live in assisted living communities.



NOCHUM FEDER, ADMINISTRATOR

# Sugar & Spice Snowflakes



These delightful cookies, perfect for the holiday season, are a delicious treat with a mug of hot cocoa on a cold, wintry day.

**Ingredients:**

- 3½ c. all-purpose flour
- 2 tsp. ground cinnamon
- 1½ tsp. ground ginger
- ½ tsp. baking soda
- ½ tsp. salt
- ¼ tsp. ground cloves
- ¼ tsp. ground nutmeg
- 1 c. unsalted butter
- ¾ c. packed dark brown sugar
- ½ c. granulated sugar
- 2 large eggs

Whisk flour, cinnamon, ginger, baking soda, salt, cloves, and nutmeg in a medium bowl; beat butter and sugars in a large bowl until creamy. Beat in eggs one at a time. With a mixer on low speed, beat in flour mixture, one half at a time, until blended. Divide dough into thirds; wrap each third in plastic wrap and press into a disk shape. Refrigerate until firm enough to roll, about 2 hours.

Preheat oven to 350 degrees F. Lightly grease several large baking sheets. Roll 1 piece of dough at a time, on a lightly floured surface with a floured rolling pin, to scant 1/4-inch thickness. With 3- to 4-inch snowflake and star cookie cutters, cut out cookies. Using the end of a drinking straw, cut out a small circle in each star and snowflake so cookies can be hung. Place 2 inches apart on prepared baking sheets. Bake 8 to 10 minutes, or until lightly browned at edges. Remove to wire racks to cool completely. Decorate as desired.

*Recipe originally from womansday.com*



**Nicole Simmons**  
CNA, CMT

Nicole, known as Nikky, has been an integral part of our team for 17 years. Here's her story:

Upon accepting my position at Oakwood Residence, I was given the task of caring for the Administrator's mother-in-law. I was a recent graduate – and I was scared! The responsibility was daunting but I put my all into it. My duties today include taking care of all the residents of Oakwood by providing assistance in taking medication and performing treatments for various skin and wound conditions.

After 17 years here, I can honestly say that working at Oakwood is THE BEST. Because we are in direct contact with people day in and day out, no two days are the same, and we get to experience the full spectrum of emotions along with our residents:

*We are reassuring and compassionate when they are in pain, we reminisce with them to shift their focus from their condition, we laugh with them, and they in return reward us with the knowledge that **what we do and how we do it makes a difference** – there is no better job!*

I would not hesitate to recommend Oakwood to my own family because for close to two decades I have seen firsthand that the care is excellent – and that the staff truly cares.

**RESIDENTS:**

- 12/7 Robert Nolan
- 12/11 Sara Benson
- 12/12 Herbert Stahl
- 12/17 Abraham King
- 12/23 Eleanor Reiling
- 12/24 Arthur Quinn
- 12/26 Elizabeth Milstein
- 1/9 Miriam Lawson
- 1/28 Ann Osinski
- 1/29 Joseph Lentz

**STAFF:**

- 12/13 Shirley Jefferson
- 12/15 Ayelet Farage
- 12/16 Manjusha Abraham
- 12/18 Binila George
- 12/18 Roberta Key
- 12/27 Victoria Allen
- 1/1 Linda Dougherty
- 1/7 Don Dodd
- 1/10 Binu Jacob
- 1/26 Kayla Slaughter
- 1/28 Deborah St. Peter
- 1/29 Sharon Roy



**DECEMBER 19:** Chanukah Party with Rabbi Abraham and his guitar

**DECEMBER 25:** Christmas Holiday Meal

**DECEMBER 26:** Bus Trip to Holiday Light Show at Shady Brook Farm

**DECEMBER 31:** End of Year New Year's Party

**JANUARY 4:** Philadelphia Mummers to herald in the New Year