

## Halloween Costume Party at Oakwood



### Hello Friends,

The leaves are falling, the days are getting shorter and the air is turning cool and crisp . . . and here at Oakwood Residence the residents are looking forward to a fun and exuberant Holiday Season!

Our Activities Department, led by Shirley who is ably assisted by Alma & Danielle, has an exciting array of programs planned for the enjoyment of residents. In the spirit of October, which is designated as "Mystery Month", we staged a Murder Mystery whodunit with both staff and residents acting out their parts as suspects and victim. The month ended on a high note with a lively Halloween Costume Party. Our creative staff members wearing the best costumes were chosen by our residents. Now we're on to November with a gala Thanksgiving Dinner and special entertainment and excursions, to be followed by December and New Years, enriched with the warm holiday feelings, delicious meals and lively entertainment

Families will be receiving RSVPs to join their loved ones for the Holiday meals. We encourage all families to visit during this wonderful season.

*Nochum Feder*  
NOCHUM FEDER, ADMINISTRATOR

### NOTED & QUOTED

**"I like the people who live here and work here. They're all great!"**

- MICHAEL FOLEY

### Up close & personal with Michael Foley

Our residents have lived full, vibrant lives and forged deep roots in their communities. When sharing their narratives with us, their wisdom, breadth of experience and colorful personalities become readily apparent

**In this issue we are delighted to profile one of our most beloved residents.**

Michael Foley transferred to our community after recuperating next door at Oakwood Healthcare. Easygoing and likeable, Mike exudes an especially positive and upbeat spirit that draws people close to him.

Born and bred in Philadelphia, Mike knows the area neighborhoods like the back of his hand. In fact, as a postman for the Bustleton Post Office for 32 years, his mail route included the Oakwood Residence address at 2109 Red Lion Road. Prior to his long stint as a mail carrier, he was employed as a drug purchaser for the Frankford Hospital pharmacy.

18 years old by the Vietnam War draft call-up, his draft lottery number was #5! After taking the requisite blood tests, Mike received a life-changing call. The lab results had shown that his blood sugar level was dangerously high, and the doctor wanted to know why he had even considered joining the army. Mike, who had no inkling of his diabetic condition, received



With his 2 grandsons - his pride and joy



a medical exemption, enabling him to seek the medical attention necessary to effectively manage his health.

A devoted dad to his daughter Kellie, Mike was always there to hold her hand during her years growing up. He helped her hone her softball techniques and was an avid spectator cheering her on at every game. He volunteered as the coach of the swim team at Christ School - the school she attended, and when she

was 10 years old, Kellie and her father jogged in the 5k Race for Frankford Hospital. The duo practiced running nightly for weeks prior to that event.

Today Kellie lives in Bucks County with her 2 sons, ages 10 and 5. When she brings the kids to visit her dad at Oakwood, you can see Mike's eyes light up. They enjoy talking sports - a common love that bridges the generations. Whether its baseball, basketball or football, these men can go at it for hours!

# A Peek Into The Past

## "SNAPSHOT OF MY LIFE" CONTEST

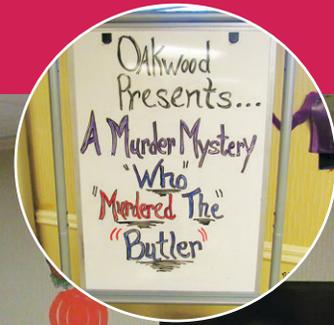
Oakwood residents and staff took a trip down memory lane, with our photo display featuring our residents in their younger years. Whoever matched the most faces with the correct names walked away with a Dunkin Donuts or Wit Or Witout Philly Cheesesteaks gift card!

### THE WINNERS:

**Victoria Allen, Med. Tech-Nursing Assistant; Any Cherian, Nursing Assistant; Falisha Tyson Brooks, Nursing Assistant; and Ruth Thomas, Residence Housekeeping.**



Our residents and staff recently enjoyed an unforgettable and thrilling afternoon of mystery, intrigue, and murder!



## WHAT'S COOKING? ♥ HOLIDAY RECIPES

# Mini Apple Pies

Enjoy with a hot cup of tea!

### Ingredients:

- 1 (17 oz.) package puff pastry, thawed
- 12 ounces cut up red baking apples (approx. 2 medium sized apples)
- 1/3 cup packed brown sugar
- 2 teaspoons flour
- 1 teaspoon lemon juice
- 1 teaspoon cinnamon
- 1/2 teaspoon nutmeg
- 1 beaten egg

Peel, core and chop apples up coarsely. Combine apples with sugar, flour, lemon juice, cinnamon and nutmeg.

Heat oven to 400°F. Flour surface lightly and cut pastry sheet into nine 3x3 squares. Place approximately 1/4 cup apple mixture on each square and brush edge with beaten egg. Place second pastry square on the top of the already filled pastry to form a pocket.

Press down border with fingers to seal and then press with fork to decorate the edges. Make a 1-inch L shape incision into each pie and fold back the pastry flap. Place on an ungreased cookie sheet and give each one an egg wash. Bake for approximately 25 minutes or until golden. Enjoy!



### RESIDENTS:

Norma Larue	11/8
Anne McDonnell	11/27
Marion Price	11/30

### STAFF:

Nochum Feder	11/8
Kimberly Miller-Berkery	11/24

NOV. 7: Resident Council

NOV. 8: Entertainment with Kirk Mauer

NOV. 12: Food Service Meeting

NOV. 14: Entertainment with Freyda Thomas

NOV. 15: Bus Trip

NOV. 16: Special Veterans Day Program

NOV. 21: Mystery Auction

NOV. 22: Thanksgiving Meal /  
Holiday Bake Sale

NOV. 27: Monthly Birthday Celebration

NOV. 28: Cooking with Shirley

NOV. 29: Pre-Holiday Chorus Singing