



OAKWOOD

R E S I D E N C E

Sample Menus

BREAKFAST

- Southwestern Egg Bake
- Toast with Margarine or Jelly
- Oatmeal
- Cold Cereal of Choice
- Farm Fresh Scrambled Eggs

LUNCH

- Pan Roasted Salmon with Lemon Dill Sauce
- Cheesy Rice
- Spinach
- Dinner Roll / Bread
- Margarine
- Banana Pudding

*Alternative Lunch Choices:
Vegetable Chicken Patty, Noodles,
Green Beans*

DINNER

- Turkey Pastrami on Rye
- Carrot Raisin Salad
- Potato Salad
- Chilled Pears

*Alternative Dinner Choices:
Hamburger Steak with Gravy,
Broccoli Florets, Dinner Roll/ Bread,
Margarine*

*Beverage Choices:
Orange Juice, Milk, Coffee or Hot Tea*

BREAKFAST

- French Toast Sticks with Margarine or Syrup
- Vanilla Yogurt
- Cream of Wheat
- Cold Cereal of Choice

LUNCH

- Hearty Tomato Soup
- Grilled Cheese Sandwich
- French Fries
- Tossed Salad with Dressing
- Dinner Roll/ Bread
- Peanut Butter Brownies
- Chilled Pears

*Alternative Lunch Choices:
Cheese Manicotti with Marinara
Sauce, Spinach*

DINNER

- Roast Beef Au Jus
- Baked Potato
- Capri Blended Vegetables
- Dinner Roll / Bread with Margarine
- Apple Betty

*Alternative Dinner Choices:
Herbed Chicken, Rice, Green Beans*

